



Retreat Packing List

- Sleeping bag or sheets/blankets and a pillow (beds are twin size)
- Towels*
- Clothes (*please send extra changes of clothes*)
- Personal toiletries – soap, shampoo, toothbrush, toothpaste
- Swimsuit (*modest suits only*)
- Pajamas
- Closed toe shoes
- Rainwear*
- Water bottle*
- Flashlight*
- Laundry bag
- Duffle bag or suitcase
- Bible & notebook with pen/pencil
- Insect repellent
- Sunscreen